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Softball results

Latest game scores and league standings

Fort Riley



Friday, July 7, 2006 America's Warfighting Center

Around Fort Riley

· ·

Soldier dies

Sgt. 1st Class Terry Hoff-pauir, 35, of Orange, Texas, died June 30, from injuries sustained from a gun shot wound to the head. The incident occurred June 29 in Salima, Kan. He died in Wichita at the Via Christi Regional Medical Center St. Francis Campus

Regional Medical Center St. Francis Campus.
Hoffpauir was assigned to Headquarters Troop, 1st Squadron, 4th Cavalry, 4th Infantry Brigade Combat Team, as a fire support specialist.
He enlisted in the Army in March 1989 and arrived at Fort Riley in December 2005. Hoffpauir has deployed in support of the Global War on Terrorism.
The incident is under investigation.

Around the Army

Fort Belvoir:

The Eagle reported June 22

The Eagle reported June 22 that many residents in Fort Belvoir's older housing villages are ready to throw their cable boxes out the door.

At the beginning of May, the Designated Franchise Authority that allowed Comcast Cable to do business on Fort Belvoir expired after 15 cast Cable to do business on Fort Belvoir expired after 15 years, said Terry Stott, opera-tions manager at the Multi-Media Visual Information

The Franchise Authority is in the process of being renego-tiated, but during this process some residents have not had access to Comcast's updated

cable options.

For more on this story and other Fort Belvoir, Va., news, visit www.belvoireagle.com. on the Web.

Fort Meade:

The Soundoff reported June 26 that the severe storm system that hammered the East

to that the severe storm sys-tem that hammered the East Coast for the better part of a week grazed Fort Meade, but in the end the post dodged the proverbial buildt. Other than significant traf-fic disruptions when the Route 198 bridge was closed because of high water, Fort Meade res-idents weathered the deluge relatively unseathed. The storm system, which arrived over the weekend, caused at least three deaths and signifi-cant damage elsewhere in Maryland.

For more on this and other Fort Meade, Md., news, visit news.mywebpal.com/index.cfm?pnpid=970&om=0 on the Web.

Fort Knox:

The Turret reported June 29 The Turret reported June 29 that key leaders from Fort Benning, Ga., toured Fort Knox June 26 to identify the facilities and logistics required to begin training armor Soldiers in Georgia. Leaders from both installations have been studying the challenge of moving all armor training operations from Fort Knox to Fort Benning. For more on this story and other Fort Knox, Ky., news,

For more on this story as other Fort Knox, Ky., news, visit www.thenewsenterprise .com/turret/ on the Web.

Language lab added for training

Task Force Dagger
Public Affairs

the lab consists of 30 desktop computers, tactical language training software and native speaking instructors.

The language lab is the result of a joint effort between the 24th language training at Fort Riley may have an easier time conversing with Iraqi citizens and Securit effor and the 2nd Brigade, but the organization (Mech) intelligence thanks to the new language lab at Camp Funston.

Built in response to the training requirements for transition teams, One objective of the language training with the properties of the conversible for the strength of the strength of

with the Iraqis," Schneider said.

Transition team Soldiers are trained using a 60-day training model. Language immersion is an integral part of this model, and Soldiers spend a minimum of one hour a day in the lab. The first day, Soldiers receive four hours of formal language training that includes team leader time, formal

See Language lab, Page 2

Splish, splash

Troops shed heavy gear to survive

Rv Anna Morelock

Staff writer

A Soldier from 70th Engineer Battalion stood in soppning wet BDUs at the edge of Eyster Pool June 30. Her fingers clamped her nostrist together tightly. For a brief moment, her toe hovered over the edge of the blusis water and then was quickly drawn back.

First Sgt. Patrick Davis stood behind her, encouraging her to take the plunge and reminding her that the three other "Kodi-aks" floating in front of her wouldn't let her drown.

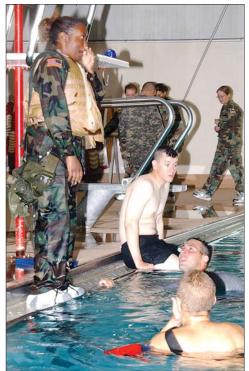
her drown.

After her turn, the next Soldier to strap
on the equipment stepped right off the
ledge, splashed up in the water and began
shrugging off the water-soaked equipment.

See Water safety, Page 2



Sgt. Summer O'Hara, HHC, 70th Eng, Bn., floats in Eyster Pool after shedding her IBA. The water safety training was to help the Soldiers get used to removing their gear while in the water to reduce the chance of drowning.



Sgt. David Kerr offers encouragement to Sgt. Latoya Odame as she prepares to take the plunge into Eyster Pool June 30. HHC, 70th Eng. Bn., Soldiers practiced removing their IBA gear while underwater during the water safety training.

Stolen **VA** data deemed 'safe'

Recovered laptop shows no access

By Steven Donald Smith AFPS

WASHINGTON – The stolen Department of Veterans Affairs laptop computer and hard drive containing the personal informa-tion of more than 26 million vet-erans were turned in to the FBI June 28, the Veterans Affairs sec-retary reported to Congress June 29.

Reports indicate that the FBI has made a preliminary determi-nation that data contained on the computer and hard drive has not been accessed.

been accessed.

No suspicions of identity theft or other criminal activity related to the stolen computer have been reported, R. James Nicholson told the House Veterans Affairs Com-

the House Veterans Affairs Com-mittee. He added that the VA would still honor its promise of free credit monitoring for a year. An unnamed individual turned over the laptop and hard drive to FBI officials in Baltimore. No persons are in custody at this time, officials said.

officials said.

The laptop and hard drive were stolen from the Montgomery County, Md., home of a VA employee on May 3. Government officials do not believe the data on the laptop was the target of the burglary and consider the break-in a random theft.

"This has brought to the light of day some real deficiencies the manner we handled personal data," Nicholson said. "If there's a redeeming part of this, I think we can turn this around."

'Bulldog Brigade' welcomes Jocz as new commander

By Anna Morelock

Staff writer

The "Bulldog" Brigade welcomed its new commander, Col. Norbert B. Jocz, in a change or command ceremony June 27 or Cavalry Paradé Field.

To start off a ceremony steeped. To start off a ceremony steeped in military tradition, Pfc. Charles, Sample and his mount, Dollar, with the Commanding general of Sample and his mount, Dollar, with the Commanding denorals where of Mounted Color Guard, delivered Mo



Maj. Gen. Dennis Hardy (second from right), commanding general, 24th Inf. Div. (Mech) and Fort Riley, passes the brigade colors to the new commander of 3rd BCT, Col. Nor-bert B. Joez, after receiving them from the outgoing brigade commander, Col. David Bishop (right), June 27

Language lab continued from page 1

Water safety continued from page 1

The dripping Headquarter and theadquarters Company "Kodi-aks" were at the pool for water safety training. Some of the Solidiers plunged right in with their interceptor body armor and load bearing equipment belts strapped tight. Others hesitated before taking the plunge.

"I understand they're ner"I understand they're ner-

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training and review, Schneider said.

Soldiers receive language and cultural lessons from Arabic soldiers declared in the students," Tahir said. Soldiers receive language and cultural lessons from Arabic soldiers deployed to Iraq did speaking instructors. Instructors for the language lab are certified by the Defense Language Institute, Presidio of Monterey, Calif. Instructors are required to demonstrate proficiency by undergoing a series of tests in English and Arabic before being considered for the assignment.

Two instructors, Tahir S. Tahir and George Rayes are Iraqin attonals who met these requirements. Both instructors have high levels of education and are eager valued and the state of the content of the session of the session

Spc. Joshua Hersl, HHC, 3rd BCT, presents yel-low roses to Lourdes Jocz, wife of the new 3rd BCT commander, June 27. the roses signify the begin-ning of her time as the brigade's first lady. Post/Moreloci



'Bulldogs' continued from page 1

continued from page 1
head to the Pentagon for his next assignment.

Jocz comes to the "Bulldogs" with a variety of armor and cavalry assignments behind him.

His past assignments include Germany, Korea, the National Carlaring Center at Fort Irwin, Calif., Test and Evaluation Command at Fort Hood, Texas, and Forces Command at Fort McPherson, Ga.

son, Ga.

Jocz was deployed in support

Anna Morelock can be contactof Operations Desert Shield and ed at anna.morelock@riley.

Desert Storm during his assignarmy.mil or 239-3032.

House fill ad

tight. Others hesitated before taking the plunge.

I understand they're nervous," said HHC Executive Officus and the Vice and the water safety instructors.

During their last deployment, from which they returned in January, two "Kodiaks" earned Solient office water, but if you understand how quickly you can get equipment off, those few extra seconds will save your life."

The point of the training was to get the Soldiers comfortable in the water with their equipment on the said.

The water safety training the station has been doing at Eyster pool is a continuation of training started in Iraq, Ramey said.

Sgt. Heather Southern said she

Anna Morelock can be contactwas afraid at first to take the plunge. Thoughts of drowning ran through her mind, she admitted. "I .army.mil or 239-3032.

(Clockwise from left) Sgt. David Kerr, Sgt. 1st Class Ty Ramey, 1st Lt. Randal Miller and the pool lifeguard sur-round Sgt. Edward Johnson, HHC, 70th Eng. Bn., as he kicks to the surface of Eyster Pool June 30 during water safe-ty training.

MANHATTAN SHOE REPAIR MANHATTAN SHOE 2 x 2" Black Only 2x2 Man Shoe Ripple

SCREEN MACHINE

ARMED FORCES BANK

KPA 2 x 2" Black Only Pumple Wav

Blue 6X10.5 Armed Forces Bank

Post, Army news briefly

'Thank You' picnic:

The "Thank You Fort Riley" picnic is scheduled for July 22 at the Fort Riley Mid-dle School.

dle School.

The picnic will run from 11:30 a.m. to 2 p.m. and will feature a car display, free food and drinks and live entertainment for people of all ages.

The event will be hosted by the Junction City-Geary County Veterans and Military Appreciation Committee. The public is invited to attend.

Command changes:

Medical Department Activi-ty and Irwin Army Community Hospital changes commanders at a 9 a.m. ceremony July 7 on Cavalry Parade Field. Second Battalion, 291st

Aviation, changes comman-ders at a 9 a.m. ceremony July 11 on Cavalry Parade Field

Grand opening:

The Envision Center on post will host a grand opening of its supply facility at 11 a.m. July 11 in Building 7920.

Graduation:

The first Military Transition Team to be trained at Fort Riley will graduate at 10 a.m. July 15 at Kapaun Chapel on Custer Hill.

Retirement ceremonies:

Col Lee Staab 24th emony July 21 on Ware Parade Field in front of the post headquarters

The post's monthly retire ment ceremony will be 9 a.m. July 26 on Ware Parade Field.

TV show:

The Best of America by Horseback television segment filmed at Fort Riley in November 2005 will air the week of Aug. 9 as part of the "Lakeview Plantation" show on RFD (Rural Family Devel-opment) Chappel 379 or opment) Channel 379 on DirecTV and on Dish TV Channel 9409. No time was

Severe weather training:

Members of the Fort Riley Installation Safety Office are available for severe weather safety training. Training cov-ers indicators of severe weather, developing emergency action plans and other safety

tips.
To arrange a class date, time and location, call the safety office at 239-2514.

HIV: Living with the enemy

How does it feel to know you're dying, that you've killed your son?

By Gary Skidmore

Command Info. Officer

Elizabeth is dying. But her

Elizabeth is dying. But her sharpest pain comes from her belief that she killed her son, Christopher.

"I'm dying of AIDS," said Elizabeth, a former Army wife who contracted the disease through unprotected sex. "But what hurts the most is 1 got AIDS, sometime during my pregnancy. I have to live with the fact 1 killed with the said and the sa

Christopher, like more than 4,000 other newborns in the Unit-

4,000 other newborns in the United States, received the virus at birth from his mother. His short life was fraught with sickness. "He always had some type of illness." Elizabeth said. "He had colds, stomach problems or something all his life. His first visit to the hospital was over an ear infection, which took more than form months to heal. He had a fungus of some kind the second time to the hospital. When he died, he had

the hospital. When he died, he had three different infections."

"The doctors told me when he died he was bleeding to death internally and there was nothing I could do for him," she said. "I was helpless."

Life filled with pain

Elizabeth's own life has been filled with pain – the pain of rejection – since she tested positive for the human immunodefi-

tive for the human immunodeli-ciency virus.

"I was told once I should wear a sign that said I have AIDS so people will know and they can stay away from me," she said.

"Even when I went home for a visit after my son died, I was treated badly. If I used a glass, they threw it away.

they threw it away. "They bleached out the bathtub

"They bleached out the bathtub when I used it and sterilized everything each time I touched something," she said. "I was a living dead person in their eyes. ... I don't go home anymore." Having watched her infant son die and having dealt with her own experiences. Elizabeth can't bear the prospect of possibly infecting someone else.

someone else.
"It's so scary because I have to

"It's so scary because I have to get up every day and try to go on with life, but I also worry every day about who might contract it. "I worry about getting in a car wreck and infecting someone trying to help me. I couldn't go on knowing I killed someone else. So I stay home, away from other people, and spend a lot of time alone," she said.

HIV. AIDS statistics

According to Centers for Disease Control, about 1.1 million people with HIV/AIDS live in the United States.

About one-fourth of these people were believed to be unaware of their infections, underscoring the need for increased efforts to reach populations at-risk with HIV testing and prevention ser-

Recently released CDC statistics reveal that the domestic epidemic continues to disproportionately affect communities of color. Between 2001 and 2004, African Americans accounted for 51 percent of all new HIV diagnoses in the 33 states with confidential, name-based reporting, which

As of June 30, 2005, about 1,650 HIV/AIDS reported cases were presumed to be living in

From Jan. 1, 2005, through June 30, 2005, there were about 100 newly reported HIV/AIDS

From Jun. 1, aver, novement of the Cases in Kansas was more than eight times higher cases in Kansas was more than eight times higher among non-Hispanic blacks and more than four times higher among Hispanics than among non-Hispanic whites (3.4.4 and 17.9 compared to 4.0 cases per 100,000 population, respectively).

HIV testing is available at more than 80 sites in Kansus. For more information, call (785) 296-Jonah, an HIV-positive Soldier, also was afraid that he might have given someone the disease. "The first thing I thought about was my friends," he said." I was afraid by the virus and I don't know how long I've had the virus and I don't know how long I've had the virus and I don't know how long I've had the virus and I don't know who I've infected. No one is afe. And if these poople aren't tested like we are in the military, they may never know they re killing people."

Jonah, an HIV-positive Soldier, also was afraid that he might have given someone the disease. "The first thing I thought about was my friends," he said." I was afraid I'd given them the disease. "The fact that I don't know how long I've had the virus and I don't know who I've infected. No one is afe.

"The person I got it from could pass it on to others who pass I on to to yet others," Jonah asid. "Before long, no one is safe. And if these people aren't tested like we are in the military, they may never know they re killing people."

Jonah, an HIV-positive affect he military, they may never know they re had nown they read the military, they may never heard my father weep before—I twas tough."

Brandy didn't go through the different phases of HIV before progressing to AIDS. She never showed any of the signs that people aren HIV-positive after he military, and the might have the military, they may never heard my father weep before—I twas tough."

Jonah, an HIV-positive after beinp since the military, the my father weep before—I twas tough."

Jonab, an HIV-positive after beinp since the military, they may never heard my father weep before—I twas tough."

Jonab, an homosexual, found he was HIV-positive after from the military, they may never heard my father weep before—I twas tough."

Jonab, an homosexual, found he was HIV-positive after beinp since the military, they may never heard my father weep before—I twas tough."

Jonab, an HIV-positive after beinp since the military that the military the my heart of the through the different phases of HIV be

"The person I got it from could be a six in on to others who pass it on to there who pass it on to others," Jonah said. "Before long, no one is safe. And if these people aren't tested like we are in the military, they may never know they "re killing people."

But now most of his family sweep the and they positive after being sick with the said. "but didn't know what."

After he was notified by an use epidemiologist that he was positive, he began making calls."

The first thing I did was east meaning the said of the s

stdn't know what."

After he was notified by a nurse epidemiologist that he was positive, he began making calls.

"The first thing I did was call my friend James," Jonah said. "I told him I had gotten my test results back and that I was positive. ...

We cried."

Worry replaces

24 First Assem/God TF

there still."

Jonah regrets the one act that gave him the virus. "I wasn't safe," he said. "If I could say one thing before I die, I would tell people that they don't realize how stupid it is to become HIV-posi-

"It's preventable. And it's not Worry replaces initial shock

Once the initial shock of the announcement settled. Jonah began to worry about other things. "I began to wonder how long I was going to live," he said. "I wondered if the virus was going to take me. I wondered if I was going to take me. I wondered if I wondered if I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I and I was going to take me. I wondered if I was going to take me. I wondered if I and I was going to take me. I wondered if I was going to take me. I was going to wondered in the wondered if I was going to wondered in the wondered if

Brandy was diagnosed with AIDS because of a dental screen-ing that uncovered a tumor. While

ing that uncovered a tumor. While performing a biopsy on the tumor, the dentist stuck himself.
"The dentists said it was standard procedure to run an HIV test. No problem, I thought," said Brandy's mother, Pat. "I never would have dreamed that this was more than cancer. The same day they gave us the results of the biopsy, they performed the test."
Dealing with the cancer was difficult for Brandy and her parents, but then the other shoe dropped.

STANDARD PLUMBING

"Right before we left for the

"Right before we left for the appointment, they wanted to make sure Mike and I were both at the meeting. That's when they told us Brandy was HIV-positive. "That moment we were told, I thought, they're wrong. They got the blood mixed up. There's no way. She's only 12. How could this be happening?" Pat said. "I kept telling them they were wrong. They repeated the test three times before I was satisfied."
Pat hung her head and said. "I

Pat hung her head and said, "I just didn't believe it. I still don't."

HIV sians never

Is a system to solvined, wand Brandy, "just a recent development."

She says the scariest thing about having AIDS is the not knowing. "I could die tomorrow," she said.

But Brandy won't give up hope. "If I could die tomorrow," all be not give up, "even though I feel like doing it sometimes. It's not worth not living."

In fact, Brandy aspires to be the first woman president. "I'd like to be a lot of things," Brandy said, "but president would be the best. I think it's time for a woman president. I would make some changes, like get the country out of debt and fix the education system."

Education is very important to

more than cancer. The same day they gave us the results of the biopsy, they performed the test."

Dealing with the cancer was difficult for Brandy and her parents, but then the other shoe dropped.

"They wanted us to come in and discuss the procedures in dealing with the cancer," Pat said.

"I'm not sure what my major who would be, but if I don't stay in dealing with the cancer," Pat said.

"and fix the education system."

I want to go to an Ivy League colding. "I'm not sure what my major who who will be be to a lift I don't stay in dealing with the cancer," Pat said.

"I'm not sure what my major who who will be be to fill don't say in dealing with the cancer." When the said who who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm ant to go to an Ivy League colding." I'm not sure what my major who enjoys reading. "I'm not sure what my major who enjoys reading." I'm ant to go to an Ivy League colding. "I'm not sure what my major who enjoys reading." I'm ant to go to an Ivy League colding. "I'm not sure what my major who enjoys reading." I'm ant to go to an Ivy League colding. "I'm not sure what my major who enjoys reading." I'm ant to go to an Ivy League colding. "I'm not sure what my major who enjoys reading." I'm and to go to an Ivy League colding.

HOUSE **FILL AD**

FIRST PRESBYTERIAN 1 x 2.5" Black Only lx2.5 lst Pres JulyTF

FIRST ASSEMBLY OF GOD-MANHATTA Black Only

Black Only Kansas Wildlife & Rads

EYECARE ASSOCIATES OF MANHATTA Black Only

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5 courts-martial convict Soldiers

Confined for 15 months and to be discharged from the service with a Bactorial Tour months, to be confined for 15 months and to be discharged from the service with a Bad-Conduct Discharge of the Conduct Discharge from the service with a Bad-Conduct Discharge Court-Martial and found guilty of dereliction of duty for failing to ensure that his assigned weapon was cleared at a range. The military judge sentenced him to be reduced to the grade of E1, to forfeit S952 pay per month for three months. On June 7, Spe. James Tillery was tried at a General Court-Martial and found guilty of one charge of indecent acts. The military judge sentenced him to be reduced to the grade of E2, to forfeit S952 pay per month for three months. On June 7, Spe. James Tillery was tried at a General Court-Martial and found guilty of one charge of indecent acts. The military judge sentenced him to be reduced to the grade of E1, to forfeit S950 pay per month for three months. On June 7, Spe. James Tillery was tried at a General Court-Martial and found guilty of one charge of indecent acts. The military judge sentenced him to be reduced to the grade of E1, to forfeit S950 pay per month for months, to be restricted for two months, to be restricted for two months to the limits of Fort feit all pay and allowances, to be confined for three months.

CANDLEWOOD HEALTH MART PHARMAC 2 x 2* Elack Only 2x2 Candlewood Health

Civilian employee workshop covers long-term care

Special to the Post

A program expert is holding an educational seminar on long are measured and 10 a.m. July 21 in the Civilian Personnel Advisory Center conference room.

Long-term care is ongoing care for people who need lengthy or lifelong assistance with daily living because of ill-needs, may be recommended to the post of the post workshop will need. Tederal family members are for people who need lengthy or lifelong assistance with daily living because of ill-needs, may be recovered to the post of the post workshop will explore the realities of long-term care and family caregiving the most expensive type of ears and shedical and mirvesting. A thorough review of FLT-deral Long Term Care Insurance Program.

This carefully designed program of the realities of long-term care in the propose of ears and shedical and mirvesting. A thorough review of FLT-deral Long Term Care Insurance Program.

This carefully designed program of the realities of long-term care in the propose of earth and their tradeoffs, and their tradeoffs are the most expensive type of the realities of long-term care and family care propose will need.

Federal Long Term Care Insurance Program.

The post workshop will explore the realities of long-term care and family care propose will need.

Federal Long Term Care Insurance Program.

The post workshop will explore the realities of long-term care and family explore the realities of long-term care and family captor in the propose will need.

Federal Long Term Care Insurance Program.

The post workshop will explore the realities of long-term care and family captor in the propose and their tradeoffs, and the tradeoffs are the most explore the realities of long-term care and family explore the realit

HOMESTEAD HOMES OF AMERICA, IN

HOUSE **FILL AD**

2 x 3.5"	2 x 3.5"
Black Only	Black Only
2x3.5 Military Outlet	Homestead Homes

DAILY UNION 6 x 12.5" Black Only AUSA post ad

Commentary

Friday, July 7, 2005 Fort Riley Post

Riley Roundtable

With the Fourth of July being celebrated, what is it that gives you a special, good feeling about being an American or living in America?



"Just the satisfaction of serving my country for the past 26 years. Hearing the National Anthem gives me a strong sense of pride and belonging to some-thing that has been going on for so many years."

Earl Garner Career Counselor U.S. Army Reserves Hometown: Huntsville, Ala.



"Whenever I hear 'God Bless Ameri-ca.' 'God Bless the USA,' too. We heard Lee Greenwood sing that in concert in the Corn Palace in Mitchell (S.D.) When that big American flag came down, it just ... it made you feel really good."

Mary Jacquet Wife of retired Soldier Hometown: Chapman, Kan.



"God Bless the USA' by Lee Greenwood and always the National Anthem.""

Robert Patterson Retired sergeant first class Hometown: Manhattan, Kan.



"The National Anthem. I used to sing it at home for football games. I'd be in pads. I sang for track meets, too. That and 'Amazing Grace.'"

Field artilleryman 1st Battalion, 5th Field Artillery Hometown: Britt, Iowa



"The unity after 9-11 for the rest of that year and 2002. American flags were everywhere and everybody showed their patriotic side. They showed a lot of love for their energy." for their country.

> Pvt. Wade Vieira D Troop, 4th Cavalry Hometown: Westport, Mass.

Letters to the editor:

Send letters to mike.heronemus@riley.army.mil. Letters must contain no libelous statements or personal accusations. Content may be edited to fit space on the commentary page but will not be edited to change the view of the writer. All letters must include the writer's full name and a phone number where he or she can be contacted to clarify points in the letter. No letter will be printed unless the writer's name is printed with it.

Personal security

Take measures to protect ATVs, 'bikes'

easier.
• Secure

your motor-

cycle to a fixed or

Physical Security Specialist

ummer is officially under way, and motorcycle and all-terrain vehicle use is increasing. While the main focus of motorcycle and ATV use is safety, one must not forget about security.

security.

Hundreds, even thousands of dollars are invested by Soldiers to buy new or used motorcycles. However, very little is spent to secure their investment. A motorcycle or ATV owner can choose from many options when it comes to securing their proper-ty. The best deterrent is to use the best deterient is to use more than one security measure. The more a thief has to defeat, the less potential for success.

• Always keep the ignition locked. Never leave your keys in



William Wilson

anchored object or another motorcycle. This will prevent prevent someone from loading your motorcycle onto a trailer and dri-ving off with it.

Use a high quality lock and

Use a high quality lock and chain. Secure the chain through the bike frame versus the wheels which can be easily removed.
 Park in a secure and well-tit area. This will allow others in the area to see suspicious activity

thief's job

around your motorcycle or ATV.

• ATVs that are parked on trailers should be attached to the trailer using a chain and locks.
The trailer should be made immobile to preclude it from being hooked up to a vehicle and driven away. Trailer hitch locks, wheels, and coupler locks are examples of items that can be used. These devices could also be used to secure trailers carrying

tiset to scheme the second of the second of

 Limit the amount of time your bike is left unattended or unsupervised. If your unit is deploying, make arrangements with the 15th Finance Battalion to secure your vehicle in the POV storage lot. Do not leave it

of this early placed the during your deployment.

Secure easily pilferable items, such as helmets, gloves, riding gear, etc., indoors. Do not leave easily pilfered items on the motorcycle or in saddle bags

· Consider an aftermarket Consider an aftermarket motorcycle anti-theft device or security system. Many companie have developed after market security devices and alarm sys-tems which can be installed and used. Research various manufac-turers on the Internet to find one. turers on the Internet to find one that suits your needs.

Remember, the object of all Remember, the object of all this is to make your motorcycle or ATV the hard target, as opposed to the soft target. For more information, call the Physical Security Office at 239-6344 or 239-6342.

View from the front

Coalition passing baton to Iraqi forces

Editor's note: These observa-tions were made while Jim Gara-mone visited Iraq to report on

By Jim Garamone

APPS

AMP AL QAIM, Iraq—
The security situation in
Iraq is like a relay race.
Coalition forces have the baton
for the first leg. They pass it to
the Iraqi army, who in turn pass
the baton to the Iraqi police.
In Anbar province, the race is
a bit slower than in other portions of Iraq. But progress is
beine made

tions of Iraq. But progress is being made.
Training the Iraqi security forces is the most important mission for Coalition personnel, who realize that capable security forces will quicken their return home. Iraqi soldiers and police understand this and are very receptive to Coalition efforts.
And the enemy understands the importance of capable Iraqi forces. Government forces able to provide security will go a long

to provide security will go a long way to establishing prosperity in the country. One of the enemy's targets has been Iraqi army tagets has been radii almy recruiting stations and Iraqi police stations. The enemy has killed many Iraqi soldiers and police. Yet, Iraqi men continue to volunteer to serve. The insurgency is tough here in the "Wild West" of Iraq. Anti-Iraqi forces are mostly locals,

Iraqi forces are mostly locals, and people protect them. Residents view the government in Baghdad as not representative of their views. And some in Anbar province see the insurgents as attacking an occupying power, with tribal leaders often giving tacit support and under-the-table aid to the insurgents. There is some hope that the new government will overcome this perception.

Terrorist groups like al Qaeda in Iraq see the province as a haven as they seek to exploit and enlarge the Sunni/Shiia divide in

And all groups in the region are maneuvering to be the power in a vacuum.

The strategy the Coalition and

the Iraqi government has in place also deals with the security situa-tion in the province. Coalition troops launch operations to main-tain security and to buy time to train the Iraqi army. All along the Western Euphrates River Valley, U.S. Soldiers and Marines patrol and engage the enemy and carve out some breathing room to train their replacements: the Iraqi army.

their replacements: the Iraqi army.

The IA – as it is known out here – Is taking shape and taking form. Coalition units partner with the IA and military transition teams – military advisers – work and live with their Iraqi counterparts at company, battalion, brigade and division levels. Most Iraqi army soldiers come from outside the province. The unit in Hit, Iraq, comes from the south, around Najaf. A local officer commands the brigade here, but most of the soldiers come from the Baghada area. While there is some recruiting in the province, the response has been tepid, officials said.

The Iraqi soldiers in Anbar work in squad and section served.

work in squad and section strength and are training to oper-

ate as platoons and companies.

As they become better trained, they will take the lead, allowing Coalition troops – in this area, primarily Americans – to step back and serve in an overwatch

capacity.

The IA units are making good progress and officials here expect them to be in the lead in the next few months. Coalition forces will continue to advise the IA and will provide air support, medical evacuations, certain logistical help and advice.

hen the Iraqi army takes the baton from Coalition forces, they will buy time to train the Iraqi police, the keystone in security in the region

and the country.
Police come from the commurollee come rom the commu-nities. The cop on the beat knows the people as individuals and understands their wants and fears. Police stations are in their neighborhoods and should be places that serve as focal points of security.

And that is part of the problem out here. Local men are loathe to volunteer to serve in the Iraqi army, let alone the Iraqi police. Insurgents target soldiers and their families. Soldiers – even those who serve far away from rity. Coalition officials in Baghdad

their homes – protect their identities. By their very nature, police must be known to those they serve. Villagers must know "Officer Achmed" and feel free to speak with him.

speak with him. But this leaves the officer and his family open to murder. Still, men are volunteering for the police. Equipment is coming

and towns the police are striking out on their own to provide secu

Coalition officials in Baghdad said the strategy is moving forward. In many places in the country, Iraqi units already have their own battle space, with just a few American advisers. In others, Iraqi battalions are in the lead. The next stage – setting up the Iraqi police – will be more complex, but will seal the victory against terrorism and the insur-

gency. It is all a matter of time and will.



FORT RILEY POST

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For business or advertising matters, call The Daily Union in Junction City at (785) 762-5000. For news offerings, call the Fort Riley Public Affairs Office at (785) 293-8854 or DSN 856-8854, or write to the Public Affairs Office Bldg. 405, Fort Riley, KS 66442-5016.

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	Poor	Fair	Good
Interesting articles			
Valuable information			
Mix of unit, community news			
Photo coverage of events			
Sports coverage			
Entertainment coverage			
Travel coverage			
Availability of paper	П	П	П
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How does the Post rate?

Your opinion is important to the Post editor and staff. Please take a moment to tell us how well we are doing our job of keeping you informed about what is happening at Fort Riley. Fax the form to (785) 239-2590 or clip and mail this form to Editor, Public Affairs Office, Building 405, Fort Riley, KS 66442.

_	 or drop the form at building 105. For may also send your opinions to the start
	by e-mail at mike.heronemus@riley.army.mil.
	What are your concerns or suggestions for improvement?
	Your name (optional) and phone number (if you would like to talk about your ideas):

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Fort Riley Post Friday, July 7, 2006

'Black Lions' improve skill with 'heavy' fire

Ist Battalion, 28th Infantry
Soldiers of 1st Battalion, 28th Infantry, tested their skills with overwhelming firepower during a weapons squad five-fire exercises June 20-22.

Usually, rifle squads are focus of an infantry battalion's training Weapons squads receive less training time declicated solely to their development.

Sp. Brant Walker said the training was important for his squad.

"The resources and company leaders were focused on training our squad. Covering the platon for fire agreed the training was important for his squad.

"The resources and company leaders were focused on training our squad. Covering the platon for fire squads and skill. These two weeks have allowed us to grow into a solid team," he said.

Company A, 1st Bn., 28th Inf., led the training charge for the "Black Lion" battalion, taking each of the unit's weapons squads through a rerew drill proficiency week.

The intent of the training was to establish the standards for weapons squadds frorgulate the battalion and to set the Soldiers up to the standards for weapons squadds through a reaw drill proficiency weapons squadds through the rench intent of the training was to establish the standards for weapons squadds through a reaw drill proficiency weapons squadds through the trench. It really makes the weapons squadds through a reaw drill proficiency weapons squadds through the trench. It really makes the weapons squadd stroughly a range arched the enemy on the objective, and the profit of the standards for weapons squadds through a range arched the enemy on the objective, and the standards for weapons squadds through a range arched the enemy on the objective, and the profit of the standards for weapons squadds through a range arched the enemy on the objective, and the standards for weapons squadds through a range arched the enemy on the objective, and the enemy trench and command give the training was concluded an and the standards for weapons squadds through a range arched the enemy trench and command the standards for weapons squadds th



Ceremony reopens Henry Drive access

Col. "Ty" Smith, U.S. Army Garrison commander at Fort Riley, and April Sankey, a resident in the Marshall Housing Area, cut a ribbon stretching across the Republican River bridge about 9:15 a.m. June 30. The ceremony signified completion of road work and the reopening of Henry Drive to the Main Post. The road had been closed since September 2005 for repairs to bridges over the Republican River and railroad tracks. Donlinger and Sons Construction Company rebuilt the bridges and added protected pedestrian walkways along one side of each bridge. Initially, the post had announced that reopening would require reduction to one lane of traffic during non-peak traffic hours, but Matt Inlow, the project manager for the general contracting company said as soon as the crowd departed from the ceremony, the work was done and traffic would flow unimpeded. All that was left for his crew was to finish slope protection work beneath the bridges.

CRUMS 2 x 3.5" Black Only 2x3.5 Crums JulyTF

6 x 10.5" Black Only 684362 PU from 6/23

Friday, July 7, 2006 Fort Riley Post

Post, Army news briefly

Environmental training:

The Environmental Division, DPW has scheduled the following training courses for the month of July:

Environmental Team

Training: July 10-11, Room 6, Building 407. Class begins at 9 a.m. each day.

This training certifies envi-

9 a.m. each day.
This training certifies environmental team leaders and
members on how to safely
handle hazardous materials
and waste handling as well as
spill responses at the unit
level. Leaders and team members must attend this course
within 60 days of appointment
to their duties

Environmental Team Training Refresher: July 24, Room 6, Building 407. Class

Raming Retriester: 301/24, Room 6, Building 407. Class starts at 9 a.m. This course is an annual refresher to the Environmental Team training course.

Battery Hazard Awareness Training (Code Name Lithium): 10 a.m. every Wednesday in Building 1930 at Camp Funston. The class lasts one hour.

This course is designed for key personnel who in the course of their duties receive, store, issue and then transport lithium batteries for disposal. This course includes training on the characteristics and hazards associated with the variards associated with the various types of lithium batteries

ous types of lithium batteries used on Fort Riley. This course includes train-ing on health, safety and per-sonal protective equipment when handling lithium batter-ies.

enroll in these classes, call 239-2305 or 239-0446 or check with a battalion schools noncommissioned officer.

Cemetery delays bother legislators

Asst. Com. Rel. Officer

Asst. Com. Rel. Officer

A few local legislators me with representatives of the Kansas senator.

Sanguage with representatives of the Kansas Commission on Veterars Affairs June 28 to hear a status report and offer concerns on the State Veterans. Cemetery at Fort Riley. The feet Riley temetery are for the feet state took more than it as a month, unfettered deliver-like as month, unfettered deliver-like as month, unfettered deliver-like as month, unfettered deliver-like as as month, unfettered deliver-like as a smooth, unfettered deliver-like as month, unfettered deliver-like as a senator.

We don't want to be held up, "We be said the cemetery would not have a gap of about six months have a gap of about six mont

Victory retires from mounted color guard

Popular horse balks at 'losing' his saddle

COLLEGE HEIGHTS BAPTIST

By Alison Kohler

Asst. Com. Rel. Officer
One Army retiree at Fort
Riley's monthly ceremony June
28 walked in front of the crowd
on four legs and swished his tall
to shoo away the occasional fly.
Victory, a 9-year-old parity
tool or Guard's operations noncommissioned officer.

"We promote the just tried too hard. He
tool four the Army in a different capacty. "He will be used as a show
pony in the barn, so (visitors) can
bay said he liked Victory's
said Sgt. Shawn Day, a squad
after some resistance from
After some resistance from
After some resistance from
Parade Field for the end-of-June
color Guard'.

After some resistance from
Parade Field for the end-of-June
parades and cavalry tac
ties demonstrations until
hinjured tendons in his front legs
during a performance in October

Asst. Com. Rel. Officer

Color guard's operations noncommissioned officer.

"We for the Army in a different capacty. "He will be used as a show
pony in the barn, so (visitors) can
tyl any said he liked Victory's
riendliness and tenacity.

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Sgt. Shawn Day, CGMCG squad leader, unsaddles Victory for the final time as Maj. Gen. Dennis Hardy, commanding general of the 24th Inf. Div. (Mech.) and Fort Riley looks on. The last time Victory was ridden was October 2004.

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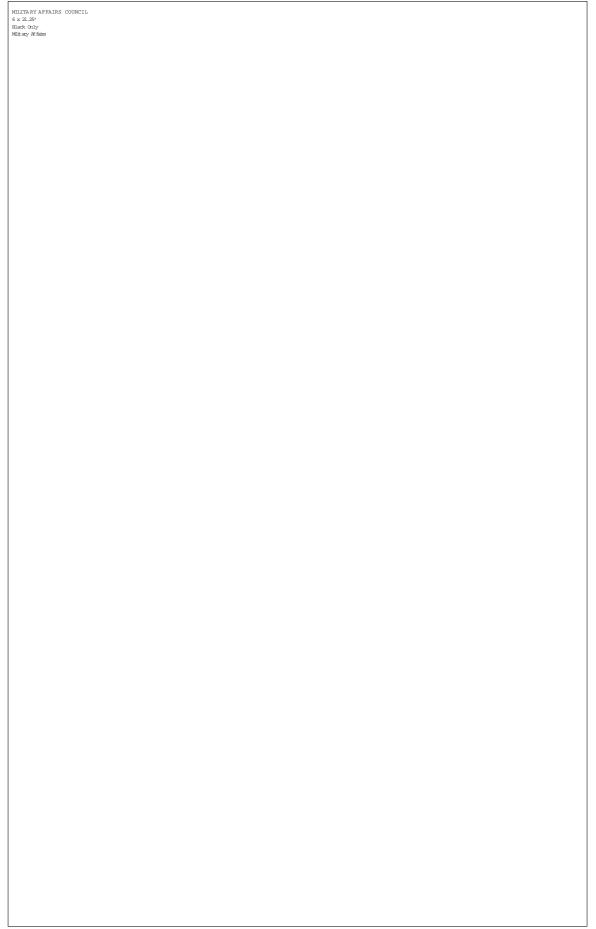
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Page 8 Fort Riley Post Friday, July 7, 2006



Community Life

Friday, July 7, 2006 America's Warfighting Center

Community news briefly

Robin Hood performance:

Auditions for "Robin Hood" will be 9:30 a.m. July 10 at the Teen Center. The show will include 60 cast members directed by represer tatives of the Missoula Chil-dren's Theater. Rehearsals wi dren's Theater. Rehearsals will take place all week and perfor-mances will be 3 and 7 p.m. July 15. For more information, call 239-4723 or (785) 375-2695.

Post 'Thank you' picnic:

The Junction City and Geary County Military and Veteran's Appreciation Committee is planning a "Thank You Fort Riley" picnic from 11:30 a.m. to 2 p.m. July 22 at Fort Riley Middle School. Attractions include free hot dogs, bottled water and soda pop, a car display, a live band, a chimbing wall, militable and the committee of Morale. Welfare and Recreation, a cavalry period eneampment set up by the Commanding General's Mounted Color Guard and a helicopter display.

Kids' drawing contest:

Operation Holidays is sponsoring a contest and fundraiser for Christmas. Children can enter drawings to be judged for selection of four winners that will be reproduced and sent to Soldiers deployed overseas this coming Christmas.

Entries will be judged in four categories: Children ages 4 to 6, ages 7 to 9, ages 10 to 13 and ages 14 to 17. Entry fees are \$1, \$2, \$3 and \$4, respectively, for each category. Entries should be sent to Operation Holidays, P.O. Box 2160, Fort Riley, KS 66442.

First place winners in each category receive a certificate, their picture posted on the Operation Holidays Web site, drawing used as a Christmas card and a grand prize for the age group.

Second place winners also receive a certificate, will have their picture posted on the Web site and will have their picture posted on the Web site and will win a prize

receive a certificate, will have their picture posted on the Web site and will win a prize for their age group. Third place winners will receive a certificate and have their pictures posted on the Web site.

For more information, call (785) 717-5483.

School, sports physicals:

Irwin Army Community
Hospital's School and Sports
Physicals Fair is scheduled for
July 29.

The fair is open to all children 4 years of age and older.
Physical forms should be completed before the appointment
time. The forms may be
priced in a the bearital front. picked up at the hospital front

desk.
Walk-ins will not be seen.
Appointments can be made by calling 239-DOCS (3627).

Story time:

The next story time sessions for young children will be 1:30 and 4 p.m. July 8 in the post library on Custer Hill. For more information, call 239-5305.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Committee resolves 7 family issues

Army News Service

ARLINGTON, Va. – The Army Family Action Plan General Offi-cers Steering Committee resolved seven quality of life issues during a meeting June 12 at the Penta-

gon.
The issues originated at instal-lations throughout the world and cover six areas – civilian employ-

ment, casualty assistance, Reserve
Component medical and dental
benefits, youth issues, medical
state Reserve Component men
benefits, south issues, medical
state Reserve Component men
bers' health coverage upon reemployment.

Issues completed by the GOSC
include:

Medical coverage for activate
de Reserve Component families:

Under the Uniformed Services

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Sundown Salute

Community celebrates with bang

By April Blackmon

Community Relations Officer

Thousands of people lined both curbs along Junction City's Washington Street July 4 to watch the annual Independence Day Parade, the daytime highlight of Sundown Salute's six days of entertain-

Sundown Salute's six days of entertainment.

"(The parade is) great; especially to see the Patriot Riders and the guys on Harleys supporting the troops. It's nice to get folks who stand up and appreciate what Soldiers do," said Capt. Jess Curry of the 70th Engineer Battalion. Curry returned from a year-long tour to Iraq in early 2006.
"Invotion City does a really good job."

early 2006.
"Junction City does a really good job of honoring the military," Army spouse Julie Darsow said. Julie and her son, Jacob, were on-hand to watch the parade

Julie Darsow said. Julie and her son, Jacob, were on-hand to watch the parade and fireworks. Julie's husband is deployed in support of Operation Iraqi Freedom.

Several Fort Riley elements participated in the parade. Leading the post elements was a patrol car from the Provost Marshal's Office. Representing the Revolutionary War era, Soldiers of the 18 Brigade Combat Team carried the colors dressed in period uniforms.

Maj. Gen. Dennis Hardy, commanding general of the 24th Infantry Division (Mech) and Fort Riley, with his wife, Diane, tossed candy from the convertible carrying them along the parade route to the grand marshal's viewing stand.

Command Sgt. Maj. Marvell Dean, 24th Inf. Div. (Mech) command segeant major; Staff Sgt. Randall Eddy, Fort Riley's NCO of the Year; and Pfe. John Hawron, the post's Soldier of the Year, also stood on the viewing stand.

See Salute, Page 11



After participating in the parade, Capt. Ryan Roberts of the 1st Bn., 28th Inf., his wife, Eunju, and children, Albert and Amelia, enjoy the parade. PAO/Blackmon

More photos

See more photos from Sundown Salute on

Getting enough sleep important to health

For Your Health

By Bethany Deschamps

Dietitian

Pour hours last night, five and a half hours the night before ... are you one of those people who don't remem-ber the last time they had a good ey had a good night's sleep? If so, you could be putting your-self at risk for many health prob-lems, includ-ing obesity. People who get less than eight



Capt. Bethany Deschamps

Deschamps hours of sleep a night increase their risk for obesity by 20 to 75 percent. In the past 40 years, American adults have cut their average

sleep time by nearly two hours In 1960, adults slept an average of 8.5 hours a night. By 2002, that had fallen to less than seven

that had fallen to less than seven hours a night. Obesity rates rose at the same time the amount of sleep each night decreased. In 1960, only one of four adults was overweight and only one in nine were considered obese. Now, two of three adults are overweight and nearly one of fitnee is obese.

Scientists have found that sleep deprivation increases levels of the hunger hormone called gherlin and decreas-

es levels of the satiety, or fullness

es levels of the satiety, or fullness hormone, leptin.

One study conducted at the Research Laboratory on Sleep at the Chicago School of Medicine, examined the effect of sleep deprivation on the two hormones, gherlin and leptin. The study took 12 healthy, young, normal weight men and limited their sleep to four hours for two consecutive nights. At another time, they were allowed up to 10 hours of sleep for two consecutive nights.

heir blood was drawn at regular intervals, and they were asked about their hunger. Findings showed that leptin levels were 18 percent ieptin levels were 18 percent lower and gherlin levels were 20 percent higher after they slept four hours. When sleep-deprived, the men reported feeling the most hunger and craved carbohydrate-rich foods, including cakes, candy, ice cream, pasta and bread.

Most people think that sleep-ing too much contributes to mak-ing people fat, but studies prove ing people lat, but studies prove the opposite. Sleep-deprived peo-ple eat more because they are hungrier, they are awake longer and may be tempted by foods everywhere they go. They often consume far more calories than they burn in the extra hours they're awake.

See Sleen, Page 13

Leaders visit post

By Alison Kohler Asst. Com. Rel. Officer

A group of more than 40 leaders from across Kansas visited post June 29 for an afternoon to learn about the military and Fort Riley. "We're personalizing the military. Not everyone here has someone currently serving. We're putting a name and face to what we're (the United States) doing right now," said Teresa Clounch, 2006 state program chair.

Teresa Clounch, 2006 state program chair.

The group spent about three hours on post, beginning with a briefing on Fort Riley's current mission and upcoming changes from Col. "Ty" Smith, garrison commander. They also visited

See Leaders, Page 10

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Fort Riley Post Friday, July 7, 2006

I do, for richer, for poorer... for wait at ID card center

By Jack Lee 1st Mob. Det.

People normally start lining up outside the doors of one office in the basement of Building 212 before the office opens for busi-

before the office opens for business.

After the office opens, its workers stay busy until the door closes at the end of the day.

That office is the Fort Riley ID/DEERS Card Section. In the past 46 months, the staff has processed more than 118,000 transactions.

New spouse, new card

Gary Morris, ID/DEERS Card Section chief, said the majority of those transactions were ID cards, but "transactions are also depen-dent additions to a Soldier's family, address changes or other actions related to ID Cards and DEERS."

actions related to 1D Cards and DEERS."
Recently, a newly married Soldier came in to add his spouse.
Pvt. Thomas Patterson of the 4th Infantry Brigade Combat Team brought his wife, Lindsey, in for her ID card and added her to DEERS. On post and only four days into her marriage, Lindsey was a little nervous.
"Besides marrying Thomas, this is my first experience with the Army," she said. "This is my first time away from home, too." Mrs. Patterson is from Guntersville, Ala.

Ala.

ID Card Verifying Official

Card Verifying Official ID Card Verifying Official Allen Jernigan assisted the Patter-sons. "I normally help several newly married Soldiers a week get their family members enrolled in DEERS and an ID card," he said.

ID card carries responsibility

Another person the section enjoys helping is the young family member getting their first ID card. The excitement that a 10-year-old can generate is infectious.

"Getting their first ID card is a big moment in their life," said Sandra Unkel, an ID card verifying official since 2002 and post employee since 1982. "They're pretty excited, and sometimes ask Mom or Dad for some money so they can go shonning at the PX by they can go shopping at the PX by themselves."



Much has changed since 10-year-old Qurron Walker's information was first entered into DEEKS and now, he's getting his first ID card. Sandra Unkel, ID card verifying official, measures Qurron's height on a scale marked on a pole in the ID card office.

Recently, it was 10-year-old Qurron Walker's turn. The son of Card/DEERS Section since 2002. Sgt. 1st Class Robert Walker of Many people cross his path but the 111th Sapper Company. Qurmay not know who he is. Ten to

It was filled out properly, signa-ture verified by the DD Form 577 on file, and her CAC was issued.

DEERS and now, he's getting his first ID card. Sandra Unkel, ID card verifying official, measures Qurron's height on a scale marked on a pole in the ID card office.

The maximes Qurron's height on a scale marked on a pole in the ID card office and the dadded the ID card dro a bit of freedom on post. Dad talked to his son about the importance of sateguarding the ID card.

Thaving an ID card carries a big responsibility, son, "said when adding that the card would be put in a safe place and carried only when needed.

Those are the fun kind of ID card size and then adding that the card would be put in a safe place and carried only when needed.

Those are the fun kind of ID card size and then adding and the put in a safe place and carried only when needed.

Those are the fun kind of ID card size and the same that it is really customer service they're giving.

Crew knows job

Morris has been chief of the ID Card/ODEERS Section since 2002.

Many people cross his path but may not know who he is. Ten to the mother, a Soldier needs the tail Security Card. For single male mosor, the baby's birth certificate, a large and sond security Card. For single male mosor, the baby's birth certificate, a large and sond security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certificate, a large and sold security Card. For single male mosor, the baby's birth certifica

239-3654.

Another good time is right after lunch. The office closes to the public at 11:30 a.m. so the staff can go to lunch after the waiting area is cleared, normally around noon. They cropen at 12:30 p.m. They close to the public at 3 p.m. and leave for the day at 4 p.m. or after the last person is serviced.

Leaders

continued from page 9

1st Battalion, 28th Infantry's Ist Battalion, 28th Infantry's, headquarters to view a static display and meet with Sol-diers. The tour culminated at the Close Combat Tactical Trainer, where they engaged the tank and Bradley simula-

"They come into it with a

rural perspective, Clounch said.

"When the individuals leave this program, they leave with a wealth of information they didn't have before," she said.

The program lasts six months, beginning each May with one session each month. Clounch said the group has visited Fort Riley each year, because it has always been beneficial. beneficial

"These people will have a life-changing experience,"

Community news briefly

USD 475 enrollment:

Geary County Unified School District 475, serving Junction City and Fort Riley, will offer new student enroll-

Centers are located at: Junction City High School, 900 N. Eisenhower, for grades 9-12, 7:30 a.m. to 3 p.m., call 717-4233. Junction City Middle

School, 300 W. Ninth St., for grades 6-8, 8 a.m. to 3:30 p.m., call 717-4400.

Fort Riley Middle School, 4020 Ltd Division Road for

4020 1st Division Road, for

4020 1st Division Road, for grades 6-8, 8 a.m. to 3:30 p.m., call 717-4500. Complete enrollment infor-mation is available at www.usd475.org or call 717-

Vacation Bible School:

Adult and high school volunteers are needed to help

with this year's post-wide
Vacation Bible School.
Bible school will be 9 a.m.
to noon Aug. 7-11 at Morris
Hill Chapel.

To volunteer, contact Don Ericson at 239-0979 or don.ericson@riley.army.mil.

COTTONWOOD THEATERS Black Only

Black Only 1x2 t f. curamenhosp. 7/2, 1041, 1k

ROYFREYWESTERN

Required ID card documentation:

NEW SPOUSE: Sponsor's ID, marriage certificate/license, photo ID, Social Security Card.

NEW BABY: If married to the mother, a Soldier needs the baby's birth certificate and Social Security Card. For single male parents who are the baby's sponsor, the baby's birth certificate, a court order adjudicating paternity and Social Security Card.

ACTIVE DUTY PROMOTION: E-5 and above: Orders and d ID card. E-4 and below, DA Form 4187 or promotion orders and old ID card. E-4

LOST CARDS: Active Duty – DA Form 4856, counseling statement, validation slip from Provost Marshal's Office. E-6 and above do not need DA Form 4856, only the Lost ID Card Validation Slip from PMO.

Dependent lost card – Sponsor's ID, validation slip from PMO and photo ID.

2 x 2" Black Only s Shrine Bowl

FIRST SOUTHERN BAPTIST Black Only 2x2 lst So. baptist

STATE FARM INSURANCE Black Only 1x6 StateFarm Junghans JulyTF CAPITOL PLAZA HOTEL Black Only lx6 Cap Plaza July TF

VERNON JEWELERS Black Only 2x6 Vernon Christmas in July · i

Friday, July 7, 2006 Fort Riley Post

Salute continued from page 9

Brigade Combat Team marched in formation, followed by the troopers, horses and equipment of the Commanding General's Mounted Color Guard. A 4th IBCT ambulance and "Humvee" driven by Soldiers of the 97th Military Police Battalion also participated in the parade.

A veteran's ceremony at Heritage Park followed the parade. Behind the scenes were a handful of Soldiers of the 3rd Brigade Combat Team, who helped with the set-up and tear-down of the ceremony.

me see-up and teat-down of the ceremony.

Hardy spoke to hundreds of people attending the ceremony about America's 231 years.

"The Declaration (of Independence) would not have stood the test of time without the unbelievable sacrifice of patriots ... and servicemen and women of the armed forces, many of whom paid the ultimate price," Hardy said.

"Just as patriots and veterans have done for 231 years, I know our armed forces ... will continue to move this nation forward. Today, freedom continues its march around the world."

Wreaths were placed in front of the Kansas Vietnam Veteran's Memorial and the Desert Storm Memorial Amembers of the 541st Combat Support Sustainment Battalion fired rifle volleys in a 21-gun salute – three volleys by seven rifles.

Among those attending were veterans and families from the veterans and families from the 137th Engineer Company, visiting the region for their 40th reunion.

The engineer company formed at Fort Riley in 1966 and fought in Vietnam.

"It makes me feel good to see all the support for the military. And it's nice to see Junction City has this 'welcome home' theme. That's heartwarming," said Gary Hubbard and his wife, Helga, who live in California.

With a smile on his face, WWII veteran Robert Clowe leaned on his cane near the grante Vietnam Memorial while Hardy addressed the crowd.

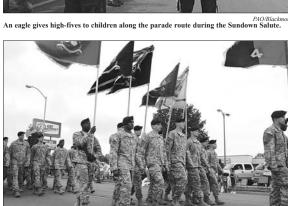
"It touched me very deeply," the long-time Junction City resident said. "I appreciate the wonderful people who come out and support this."





Soldiers from the 4th IBCT carry the brigade's colors during the parade.

DIRECTOR, MILITARY AFFAIRS 3 x 10.5" Black Only full color RCS to ft. campbell



WWII veteran and Junction City resident Robert Clowel is tens to Maj. Gen. Dennis Hardy speak at the veteran's ceremony in Heritage Park. Clowe was drafted out of high school and served with the 11th Airborne Div. before he was wounded.

HOUSE FILL AD

GEICO- AFC 3 x 10" Black Only 689570 Commitment Service



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Community news briefly

Special needs kids rodeo:

Junction City Special Needs Rodeo will take place at 5 p.m. July 22 at the 4-H Center on Spring Valley Road in Junction City for children 4 years and older.

Activities include:

Barrback Riding – a specially designed, hand-rocked barrback horse for an official 8-second ride.

Steer Roping – dummy steers are positioned so the children can use a lariat to rope the steers.

Bull Riding – a specially designed, hand-rocked bull is rigged with a bull rope and bull bells.

Flag Race and the special special special places are positioned and bull bells.

Flag Race – riding a horse Anyone interested in participating should call 239-9435 by July 10.

 \overline{AFAP} continued from page 9 stay in effect for 90 days, eliminating the automatic expiration of the initial TRICARE referral after 28 days. Army Medical Command has provided guidance in the MEDCOM Primer and also on the Army Knowledge Online Website regarding the authorization. A unique referral tracking is now in place that will permit continued follow-up on unappointed referrals. It also ends the use of sever-sol referrals for one condition.

Funding installation and egional youth leadership

regional youth leadership forums:
Funding is provided in the youth services budget to provide youth leadership forums and instructor/student training. The requirement to conduct installation youth leadership forums is now included in the annual installation child and youth assessments. All Installation Management Agency regions conducted youth leadership forums in fiscal year 2005. Current funding and travel restrictions resulted in IMA postponing the region forums for

Funding for Department of Defense Dependent Schools summer school for kindergarten through grade 12:

The Department of Defense Education Activities provides funding from within their existing resources for summer enrichment programs for kindergarten through eighth grade. Three-hundred-twenty spaces also were allocated for high school students for an online remediation summer program in English, mathematics, The Department of Defense Education Activities provides and activities are considered funding from within their existing resources for summer enrichment programs for kindergartent prougams for kindergartent programs for kindergartent pro

ment:

Wounded Soldier updates,
A revision to Army Regulation
350-1, Army Training and Leader
Development, include the language "for units returning and recovering from an extended lizing Reserve Soldiers, operational deployment, to the "RICARE information for operational deployment, to the "RICARE information for operations" and the recovering from a property of the property of

was death benefits for stillborn infants. Because no birth or death

extent possible, commanders will limit training activities which cause Soldiers to be away from their immediate families."

The issue deemed unattainable was death benefits for stillborn to the stillborn to the soldier supports and the subsequence of the subse

Ten program standardization,
Child and youth services for geographically isolated Soldiers,
Expansion of Army-sponsord, community-based child care programs,
DoDDS tuition for family members of DoD contractors and moment

AFTER DARK VIDEO Black Only 2x2 After Dark Video

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THE MANE THING 2 x 7.5" Black Only 2X7.5 Mane Thing Massage VALASSIS- AFC 4 x 15" Black Only 690475 Red Think of it as a

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Community news briefly

Summer reading program:

program:

The Fort Riley Library Summer Reading Program finished with a special appearance by the "Animal Ambassadors" from the Sunset Zoo on June 26. A blue-tongued skink, a hognose snake, a star tortions and a time of the star of th

(second) and Noan New (third).
Sixth grade through 8th erade winners were McKenna Kelly (first), Kimberly Hoggard (second) and Nicole Love

(second) and sec-(third). McKenna Kelly was the top overall reader, earning 119

points.
Other readers who completed the program were Dylan Phillips, Zinder Phillips, Elizabeth Trevino, Rachael Rocha, Aiden Morrison, Kaylee Boudreaux, Settare Rakes, Kianna Lewis, Jacob Grant-George, Devin Grant, Nathan Morrison, Harrison Love, Joshua Kelly and Xenaziha Evans.
The Sunset Zoo donated family zoo passes to each of the first prize winners in the four age groups.

Family fun fest:

A Family Fun Fest is planned at the Fort Riley commissary from noon to 7 p.m. July 15. Free food, games, live entertainment and giveaways are planned. Folk music artist Mark Cormican will perform from 1 to 3 p.m. and again from 4 to 6 p.m.

Cheerleading class:

Cheerleading 101 will be taught from 6 to 7 p.m. Thursdays for children ages 6 to 10.

For more information, call 239-4847.

Home wanted



Baby Kitty

This playful kitten and his This playful kitten and his siblings are just waiting for the right family to find them at the Fort Riley Stray Facility. This 10-12 week old kitten has been around other cats, dogs and children, but with his extra playful attitude might not be great with very young children.

Fort Riley Stray Facility Building 226 Custer Ave., Main Post Hours: 8:30 a.m. to 3 p.m., Monday through Friday Phone: (785) 239-3886.

Sleep continued from page 9

People are usually sedentary in the extra waking hours. They tend to watch TV, read, check e-mail or play video games. They may burn an extra 50 calories or so in the extra waking hours, but the changes in hormones prompt them to eat far more than 50 calories. Most people know that diet and exercise are necessary for weight loss, and now there is a third component, adequate sleep. On average, most adults need seven to nine hours each night.

To ensure you are not sleep deprived, figure out how much sleep you need. The next time you are on vacation, sleep as much as you can the first couple of days. That way, you can pay off your sleep debt. Then, when your sleep has stabilized, record how much you

THE PATHFINDER THE PAINFIND

1 x 4"

Black Only

1x4 Bicycling Pathfinder

LAKESIDE MARINE

sleep, plus or minus 15 minutes. This is your sleep need or capaci-

ty.
To get a restful night's sleep, To get a restful night's sleep, create a "sleep haven" or an environment that is conducive to how you like to sleep. Make sure the bed is comfortable, temperature is how you like it, there is the right amount of blankets, the room is very dark and noise is limited to soft music, meditating sounds or silence.

Ake sure your "sleep haven" is reserved only for sleep. Avoid watching TV, eating or even reading in your sleep haven. There should be no distractions from sleep. Also, to ensure you sleep well, try to sleep at about the same time each night and wake at the same time each day.

Avoid taking naps during the

day. Naps can interrupt normal sleeping patterns.

Try not to exercise, eat heavy meals or consume large amounts of caffeine or alcohol at least two hours before going to bed. All these things can interfere with your ability to relax and fall asleep.

your ability to relax and fall asleep.

For more information regarding weight loss or general nutrition, contact the Nutrition Care Division at Irwin Army Community Hospital at 239-7644 or send e-mail to bethany.deschamps @us.army.mil.

HOUSE **FILL AD**

KPA 1x8" Black Only Dept of Commerce

HOUSE FILL

LIVING WORD CHURCH - MANHATTAN 3 x 2.5° Elack Only 3x2.5 Liv Wd Church TF

L SUTTON ENTERPRISES, INC. Black Only 3X4.5 L Sutton Ad

Black Only lxl.5 Prairie Hawg JulyTF 1X1.5 Homestead Auto TF

Black Only Union Pacific

DAILY UNION Black Only Hit it here- Generals games

CENTRAL NATIONAL BANK 3 x 5" Black Only 3X5 Cent Nat'l Bank

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ts & Recreation

America's Warfighting Center Page 14 Friday, July 7, 2006

Sports news in brief

Outdoorsman Group:

The Fort Riley Outdoorsmen Group will hold its next monthly event July 11 at the Conservation Office. The 7 p.m. event will be a conservation presentation of current and on-going projects that Fort Riley's biologists are involved with on post.

with on post.

Included in the presentation will be information on the elk telemetry project, greater prairie chicken telemetry pro-ject, food plot information, pond information and a gener-al overview of what is avail-able for sportsmen on Fort

Riley.

A barbeque will be available for personal use starting

Soccer camps:

Soccer camps:

Junction City High Schools aummer soccer camps will be seemed for the street in Junction City.

Girls soccer for grades 9-12 will be from 8:30 to 11:30 a.m. July 10-14. Cost is \$15. Co-ed soccer for grades 3-8 will be from 8:30 to 11 a.m. July 17-21. Cost is \$15. Co-ed soccer for grades K-2 will be from 6:30 to 11 a.m. July 17-21. Cost is \$15. Co-ed soccer for grades K-2 will be from 6:10 for m. July 10-14. Cost is \$10. Boys soccer for grades 9-12. Boys soccer for grades 9-12. Boys soccer for grades 9-17. To-21. Cost is \$15. Co-ed soccer for gages 4-6 will be from 6:30 to 7:30 p.m. July 17-21. Cost is \$15. Co-ed soccer for gages 4-6 will be from 6:30 to 7:30 p.m. July 17-21. Cost is \$10. Camps will be supervised by Coach Lara Staker: She can be contacted at larastaker@usd475.org or 717-4200, extension 5:881. Application forms are available at youth services on post a state of the state o

City.

A high school pre-season soccer training program sponsored by Challenger Sports is scheduled for July 24-28 at the Junction City High School soccer field on 14th Street between Eisenhower and Westwood in Junction City. Sessions will be conducted from 8 to 11 a.m. and from 4 to 7 p.m. for students in grades 8-12. Cost is \$50.

Applications are available at youth services on post and the YMCA, Twelfth Street Community Center, Screen Machine and the high school athletic department in Junction City.

Applications should be sent to Edgar Torres, 1015 Skyline Drive, Junction City, KS 66441.

Gymnastics camps:

Gymnastics summer camps will be held at the Middle School Teen Center Gym for children ages 3 to 18. The camps will be held July 31-Aug. 4 and Aug. 7-11. Camps run 10-10:55 a.m for 3- to 5-year-olds, cost \$45; 11-11:55 a.m for 6- to 8-year-olds, cost \$45; and noon to 1:30 p.m. for 9- to 18-year-olds, cost \$55. Call 239-4847 for appointment to register for class

Elk applications:

Kansas elk applications are available in hard copy form at the Fort Riley Conservation Office. They are available on the Internet at the Fort Riley Conservation Office, They are available on the Internet at Internet Internet

Softball scores

Team

June 28 HHC, 1st Bn., 34th Armor, won by forfeit from 977th MP Co. HHC, 1st BCT, won by forfeit from 977th MP Co. Co. C, 1st Bn., 16th Inf.,

National League Standings

> (as of June 29) W

Team
HHC, 3rd BCT
Co. C, 1st Bn., 41st Inf
Co. C, 1st Bn., 13th Armor
Co. A, 2nd Bn., 13th Armor
Co. A, 2nd Bn., 70th Armor
Bry, C, 4th Bn., 1st FA
Sve. Btry, 4th Bn., 1st FA
Co. C, 70th Eng. Bn.
Co. B., 125th FSB
596th Sig. Co. HHC, 2nd Bn., 16th Inf.
2nd Sqdn., 4th Cav

2nd Sqdn., 4th Cav Btry. A, 2nd Bn., 32nd FA Co. A, 610th BSB

2/2 HET

1st Maint. Co

Army NHRA driver nominated for ESPY

Army News Service

WASHINGTON — The National Hot Rod Association and ESPN have amounced the Toxel is the fourth NIRRA and ESPN have amounced the U.S. Army NHRA Top Fuel driver Melanie Troxel has been nominated for an ESPY and the nominated for two ESPY

Troxel will compete in the MHRA Drag Racing fans online poll at ESPN.

KPA 2 x 2" Black Only Postal positions K PA 2 x 2" Black Only Seroquel

MILITARY ONE SOURCE 4 x 10.5"

Full color 686608 PU from 6/23

HHC, 4th IBCT STB 24th Trans. Co. 172nd Chem. Co.

American League Standings

(as of June 29)		
Team HHC, 1st BCT	$\frac{\mathbf{W}}{4}$	J
	0	
Co. B, 1st Bn., 16th Inf. #1		
Co. B, 1-16th Inf. Nationals	5	
Co. C, 1st Bn., 16th Inf.	13	
HHC, 1st Bn., 34th Armor	10	
Co. B, 1st Bn., 34th Armor	3	
Co. C, 1st Bn., 34th Armor	1	
Btry. B, 1st Bn., 5th FA	9	
Btry. D, 1st Bn., 5th FA	7	
HHC, 2nd Bn., 34th Armor	11	
Co. A, 2nd Bn., 34th Armor	9	
HHC, 1st Eng. Bn.	4	1
FSC, 1st Eng. Bn.	8	
111th Sapper Co.	7	1
41st Eng. Co.	8	
72nd Eng. Co.	7	
HHD/Co. A, 101st FSB	2	1
Co. B, 101st FSB	9	
D Trp., 2nd Sqdn., 4th Cav	3	
HHC, 24th Inf. Div. (Mech)	4	
15th Fin.	1	1
977th MP Co.	2	
MEDDAC/DENTAC	9	
10th ASOS	7	
116th MP Co.	6	
HHD 97th MP/PAO	2	

Battalion League Standings

(as of June 29)

w	L
3	5
7	1
4	4
2	6
	4

HOUSE FILL

Cyan Magenta Yellow Black

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CLASIFIED ADS



Page 16 Fort Riley Post Friday, July 7, 2006

CLASIFIED ADS

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Friday, July 7, 2006 Fort Riley Post Page 17

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Leisure time ideas

Abilene:

What: "The Music Man"

What: "The Music Man." Stage musical written by Meredith Willson When: July 9-23, showtime 7:30 p.m. Tuesdays, 2 p.m. Wednesdays and Sundays, 8 p.m. Thursdays, Fridays and Saturdays

Saturdays Where: Tietjens Center for the Performing Arts Admission: \$17.50 adults, \$11 students Phone: (785) 263-4574 or (888) 222-4574

Junction City:

What: "Essence of Summer" concert. Features the Ginger Commodore Quartet from Min-neapolis, Minn, Kenny James Kwartet from Kansas City, Mo., and 3 A.M. from Lawrence, Kan. Show features melodic rhythms of classic, Latin, smooth jazz, funk, old school and R&B.
When: 7 to 10:30 p.m. July 22

when: 7 to 10:30 p.m. July
22
Where: Heritage Marriott
Convention Center, 310 Hammons Drive
Cost: \$36 for adults, \$20 for
students under 18 years old
Tickets: 1TR office at Fort
Riley (until July 8), Junction
City Arts Council (until July
20), 105 W. Seventh St.,
Twelfth Street Community Center, 1002 W. 12th St. (until July
18) Dillons, 618 W. Sixth St.,
and Marriott Convention Center and Marriott Convention Center (July 20-21 from 11 a.m. to 1 p.m. and 5 to 7 p.m. each day and noon to 6:45 p.m. July 22) Phone: (785) 213-3297

What: Seventh annual Bluegrass and Old Tyme Music Festival. Performers include Judy Coder and Pride of the Prairie, Whitehouse Harmony, The O'Brien Family, Ready Brothers, Thad Beach, Fresh Green Grass, Pastense and Midnight Flight. Camping sites available. When: July 28-29 Where: Milford State Park, 7 miles northwest of Junction City by Milford Late Park, 10 milgorial States of Stat

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Manhattan:

What: Little Apple Jazz Festival Annual Jazz Festival Reaturing local talent and nationally acclaimed artists. The line-tup will be headlined by Kathy Kosins, the Queen City Jazz Band, the Doug Talley Quartet, Watermelon Slim and the Bottom Line Band.
When: July 8, 5 to 10:45 p.m.

Where: Larry Norvell Band Shell, 11th Street and Leaven-

worth Street
Phone: (785) 532-7326
Web site: http://www.kstate.edu/upc/jazzfest06.htm

Atchison:

What: Tenth annual Amelia Earhart Festival. July 14 evening lakeside concert fea-tures Trace Adkins and Jo Dee Messina. Activities July 15 include a 2K/8K Fun Run, arts

Topeka:

What: Fifth annual Mulvane Women's Board Antique Show and Sale. Features quality ven-dors from across the Midwest with porcelain, folk art, majoli-ce, flow blue, fine Americana, including coin silver, sterling, art deco, fumiture, art nouveau, country and varied objects de vertu.

When: July 28-30 Where: Lee Arena, Washburn University, 18th Street and Washburn Avenue Phone: (785) 670-1124

Web site: http://www.washburn.edu/mulvane

What: Fiesta Mexicana. Fes-tival featuring authentic Mexi-can food, crafts, and local and national entertainment. Cele-brating Topeka's Hispanic cul-

brating 1opeka's Hispanic cul-ture since 1933.

When: July 11-15

Where: 134 NE Lake, Our Lady of Guadalupe Parish

Phone: (785) 232-5088

Web site: http://www.olg-parish org

Kansas City:

What: Woodlands Wiener Dog Nationals. Sixty-four verti-cally challenged dachshunds racing in hopes of being crowned the 2006 Wiener Dog National Grand Champion.

When: July 30 Where: The Woodlands, Where: The Woodlands, 9700 Leavenworth Road Phone: (913) 299-9797 or (800) 695-7223 Web site: http://www.wood-landskc.com

Bonner Springs:

What: Farm Heritage Days. Farm Town USA comes alive with old-time festivities. Festiv-ities include living history activities, tractor pull, train rides, and more. When: July 8 Where: National Agricultur-al Hall of Fame, 630 Hall of Earne Drive.

Fame Drive
Phone: (913) 721-1075
Web site:

http://www.aghalloffame.com

Lawrence:

What: Salute! A Festival of Wine & Food. Every year, more than 600 people travel from near and far to attend this cele-brated event. The fun begins on Thursday evening with the Mass Street Mosey. At the mosey, attendees can stroll through designated downtown mosey, attendees can stroll through designated downtown businesses, sipping wine and sampling delicious foods. On Friday, the festival continues with a gourmet Winemaker dinner and concludes Saturday with the highlight of the week-end-the Grand Tasting. More than 200 wines will be on hand, as well as gourmet treats from some of the best restaurants and caterers in town.

When: July 13-15 Where: Various locations Phone: (785) 842-0550 Web site: http://www

Eudora:

What: Eudora Quilting Bees Annual Quilt Show. Visit and enjoy vendors, make it and take it, silent auction, quilt drawing, guild garage sale, kid's quilt corner, and large quilt exhibit. When: July 15-16 Where: 2635 Church St., Eudora Middle School Phone: (785) 542-1812

Clay Center:

What: After Harvest Festival and Street Dance. Great family fun, games for all ages, food vendors, and dance with oldies

When: July 8 Where: Downtown Phone: (785) 632-5674 Web site: http://www.cck-

Downs:

What: 126th annual Downs Celebration. Parade, carnival, games, events, and old-fash-ioned fun. Join the community for this annual festival.

When: July 13-15 Where: Downtown Phone: (785) 454-6614 Web site: http://www.downDoes your group have a newsworthy event coming up? Let's talk. Send your event TIP to the editor at mike.heronemus@riley.army.mil or call 239-8854.

ACADEMY, INC :2" ack Only ? Academy July TF

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THE MARTIN AGENCY Black Only A6997SR40B PU 6/30